BETTER

Faringdon: Gym, Swim & Move Holiday Activities & Food programme (HAF)

The Holiday Activities and Food programme (HAF) is a Department for Education funded programme that provides free holiday clubs for Reception to year 11 pupils in receipt of benefits-related free school meals.









Young people aged 11-16 years can access a junior membership allowing them to use the facilities independently at Faringdon Leisure Centre when they choose during the Easter school holidays.

This membership includes:

- Junior gym sessions which are supervised by a member of the team present to ensure they are working out safely and typically run through the weekdays until 5pm and on the weekend. Please note that juniors are not able to access the free weights area.
- Swimming sessions that invite everyone to use the pool usually with a designated lane and space to enjoy the water. The swimming pool timetable varies on a daily basis but will always include a swim for all session.

4 Cafe vouchers will be provided for a healthy meal at Sadlers Café

Book into a 'gym induction and membership activation' slot where they will be inducted to the gym with one of our trained staff and further details will be given on how to book and use the facility.

Book here: <u>https://eequ.org/book/faringdon-swim-gym-and-move-with-gll-14232</u>

