

Bromsgrove Day Centre

With Covid-19 being a particular hazard to the elderly population, a decision was taken to close the normal activities of the day centre in March 2020. Since then the centre was able to furlough its staff and keep in regular contact with its very elderly clients through weekly soup delivery, phone calls and a fortnightly newsletter with news, puzzles, etc. This has all helped the clients to maintain their contact with the community and maintain their morale during this difficult time.

There are plans in place to open the day centre as soon as it is allowed, and in view of this staff have been considering what programme of activities will be suitable for our clients as things start to return to normality. Prior to closure one very popular regular activity were the gentle exercise sessions which helped our clients with their mobility and general physical well-being.

Recently an application was put in for a grant from the Vale of White Horse District Council's Covid Support Fund to help with costs of this activity. The application was successful, funding the specialised training and equipment required for staff to run these sessions themselves when the group returns.

The centre is looking forward to normal activities resuming and would like to thank the council for all the support it has received over the last twelve months.